

This step is all about teaching your child about blessings.

**Psalm 127v3** *“Children are a gift from the LORD; they are a reward from him.”*

We believe that children are a gift from God, and we want them to know that. Not only are they a blessing, they are set up to receive blessing throughout their lives. Through these formative years, it is essential to impart how God

sees them and wants to bless them. God sees you child as valuable, and so do you!

How am I going to be intentional this year?

- Pray daily for your child.
- Consistently spend time reading the Bible.
- Add value to your child by speaking life-giving words daily.
- Attend church regularly

## WHAT IS THE ‘BLESSING’ STEP?

The word bless or blessing is used in the bible seven hundred times. The Bible gives great indication that our God is a God of blessing!

The bible says we are blessed to be a blessing. When we receive blessings from God, we are then presented with the wonderful opportunity to pass it on!

The word blessing comes from the ancient practice of weighing coins on a scale to determine their value. Therefore blessing, is a powerful tool to communicate acceptance and genuine commitment.

Blessing someone means to ‘add value’ to their life.

There are many ways to add value to someone through the avenue of blessing. Here are five basic elements of blessing that, when combined, have tremendous impact.

**B - Be Committed:** The blessing is not a fleeting moment. It includes active, long-term commitment to the wellbeing of the child by accepting responsibility to help them become all God intends.

**L - Lovingly Touch:** The power of a hug, or placing your hand on your child, while affirming him or her creates an important physical connection and communicates warmth, acceptance and relational wellbeing.

**E - Express Value:** We add to the life of a child when we use words that attach high value to them as a person. Some examples could be:

- You are a champion
- You are strong
- You are smart
- We love you
- God loves you
- I am proud you

**S - See Potential:** Cheer your child on towards the potential to be all that God has created them to be!

**S - Say It:** Words are powerful! Proverbs 18:21 says “death and life are in the power of the tongue.” Words of affirmation are necessary for the child to know that they are accepted and valuable. They play a major part in their development. Without words of acceptance and affirmation, some children can grow up searching for this support in other areas.



## THE COMMITMENT OF THE PARENT

Over the course of this year the commitment of the parent is to intentionally build a habit into the home of speaking blessing over your child. Everyone needs to experience unconditional love and acceptance from their parents.

There are so many opportunities to share a blessing with your child. These opportunities can be spontaneous and random, or they can be formal and scheduled.

The following phrases could be a helpful start;

- You are great because \_\_\_\_\_
- I was so proud of you when I saw you \_\_\_\_\_
- I think that God is going to use you to \_\_\_\_\_
- God has gifted you with a unique ability to \_\_\_\_\_
- I am thankful that \_\_\_\_\_
- I love it when \_\_\_\_\_



## THE COMMITMENT OF THE CHURCH

At this age, your child can start to be part of our Calvary Kids program. In our services for this age group, our team create a fun filled loving environment who also nurture your child through a play-based program and hands on learning. It is in this environment that we reinforce these positive words of blessing.



## RESOURCES

- **The 5 Love Languages of Children**  
by Gary Chapman &  
Ross Campbell - Chapter  
on Words of Affirmation.